

# Alex Moore Memorial Relay 2013

Place	Team	Number	Runners	Stage times	Category	Time
1	<b>City Slickers</b>	15	Andy Mulligan	00:13:04	Mens Senior	<b>01:17:58</b>
			Ben Letzer	00:26:56		
	Coltishall Jaguars		Richard Bateson	00:24:25		
			All	00:13:33		
2	<b>Norwich Road Runners</b>	28	Richard Johnson	00:13:22	Mens Senior	<b>01:19:06</b>
			Mark Garrett	00:26:57		
	Norwich Road Runners		Stephen Gibbs	00:25:02		
			All	00:13:45		
3	<b>Dereham Donuts 1</b>	25	Elizabeth Daly	00:14:19	Mixed	<b>01:20:21</b>
			Todd Lake	00:26:48		
	Dereham Runners AC		Sean Atterhill	00:24:38		
			All	00:14:36		

Place	Team	Number	Runners	Stage times	Category	Time
4	<b>John's Fat Boys</b> North Norfolk Beach Runners	13	John Christopher Hugh Brown Chris Merrylees All	00:14:16 00:27:33 00:25:26 00:14:14	Mens Senior	<b>01:21:29</b>
5	<b>Calf Strainers</b> Coltishall Jaguars	14	Rod Bye Mel Porter Colin Robilliard All	00:14:32 00:28:37 00:28:24 00:14:49	Mens Masters	<b>01:26:22</b>
6	<b>Blue Canaries</b> Norwich Road Runners	24	Cat Ricketts Keith Brighty Josh Brighty All	00:14:23 00:28:17 00:28:45 00:16:11	Mixed	<b>01:27:36</b>
7	<b>The Diddy Men</b> Norwich Road Runners	21	Elies Mann Adrian Grand Paul Sullivan All	00:15:42 00:27:30 00:28:12 00:16:46	Mixed	<b>01:28:10</b>

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8	<b>Victorious Secret</b> Tri-Anglia, Wymondham	20	Ben Gaskins Jason Mountain Adam Masterson All	00:15:26 00:29:17 00:27:55 00:15:46	Mens Senior	<b>01:28:24</b>
9	<b>Dereham Donuts 2</b> Dereham Runners AC	27	Aaron Jackson Emma Potter-Campbell Guzel Sari All	00:14:53 00:30:27 00:28:00 00:15:57	Mixed	<b>01:29:17</b>
10	<b>Dreading the Hill</b> Norwich Road Runners	31	Nigel Cutting Paul Freeman Paul Smith All	00:16:00 00:29:12 00:28:16 00:16:46	Mens Senior	<b>01:30:14</b>
11	<b>NW Meteorites</b> N/A	19	Paul Gibbons Martin Hicks Martin Church All	00:13:56 00:30:12 00:30:21 00:16:46	Mens Senior	<b>01:31:15</b>

Place	Team	Number	Runners	Stage times	Category	Time
12	<b>Where's Elvis?</b> Norwich Road Runners	23	Eleanor Brown Paul Higham Darren Fowlie All	00:18:52 00:29:43 00:23:54 00:19:06	Mixed	<b>01:31:35</b>
13	<b>The Fast &amp; Furious</b> Coltishall Jaguars	18	Ellie Bye Ken Bowman Alan Bushell All	00:15:10 00:30:20 00:30:50 00:15:49	Mixed	<b>01:32:09</b>
14	<b>Hangover Cure</b> Norwich Road Runners	5	Keith Walpole Steve Moseley Neil Walpole All	00:15:58 00:29:23 00:30:49 00:17:04	Mens Masters	<b>01:33:14</b>
15	Coltishall Jaguars	17	Dean Blake Ben Dennington Jioe West All	00:16:25 00:29:35 00:31:19 00:16:37	Mens Senior	<b>01:33:56</b>

Place	Team	Number	Runners	Stage times	Category	Time
16	<b>Del Boy, Marlene, + Boycey</b> Norfolk Gazelles	22	Nicki Gibson Doug Bridges Jon Bird All	00:16:40 00:30:08 00:31:03 00:17:10	Mixed	<b>01:35:01</b>
17	<b>Old Carrot Crunchers</b> Norwich Road Runners	29	Helen Ocheneweke Martin Yeomans Robert Osborne All	00:16:57 00:30:43 00:34:09 00:17:41	Mixed	<b>01:39:30</b>
18	<b>Road Kill</b> Norwich Road Runners	3	Richard High Michael Armes Charles Allen All	00:18:25 00:32:29 00:30:18 00:18:23	Mens Senior	<b>01:39:35</b>
19	<b>Got the Runs</b> Norwich Road Runners	1	Jane Stafford Gary Cooper Nick Gurney All	00:16:54 00:34:02 00:33:25 00:18:08	Mixed	<b>01:42:29</b>

Place	Team	Number	Runners	Stage times	Category	Time
20	<b>The Team With No Name</b> N/A	4	Steve Cummings Paul Martin James Lambert All	00:20:31 00:27:17 00:34:18 00:21:19	Mens Senior	<b>01:43:25</b>
21	<b>The Wannabees</b> Coltishall Jaguars	8	Vicky Tovell Amanda Gray Debbie Jones All	00:17:17 00:33:41 00:33:09 00:20:56	Ladies Masters	<b>01:45:03</b>
22	<b>Rose Between Two Thorns</b> Coltishall Jaguars	10	Sonya Wragg Jon Edwards Michael Fairchild All	00:17:58 00:35:52 00:34:57 00:18:20	Mixed	<b>01:47:07</b>
23	<b>Two Canaries and a Saddler</b> Coltishall Jaguars	6	Jackie Bye Martin Bagnall Jeremy Lawrence All	00:16:37 00:32:31 00:32:32 00:26:52	Mixed	<b>01:48:32</b>

Place	Team	Number	Runners	Stage times	Category	Time
24	<b>HBC</b> Coltishall Jaguars	7	Melanie Burch Christine Cooke Jackie Harrop All	00:17:59 00:37:03 00:36:49 00:19:07	Ladies Masters	<b>01:50:58</b>
25	<b>Absolute Beginners</b> Coltishall Jaguars	16	Owen Barber Adele Bushell Paul Groves All	00:19:08 00:38:27 00:34:52 00:19:14	Mixed	<b>01:51:41</b>
26	<b>The Soprano's</b> N/A	2	Emma Broomfield Sarah Mapes Justin Dicks All	00:20:55 00:39:13 -01:00:08 01:54:29	Mixed	<b>01:54:29</b>
27	<b>The Little B's</b> Norwich Road Runners	26	S Armes T Horrex Gavin Thouless All	00:22:36 00:35:47 00:34:30 00:24:20	Mixed	<b>01:57:13</b>

Place	Team	Number	Runners	Stage times	Category	Time
28	<b>The Lush Birds</b> North Norfolk Beach Runners	30	Emma Culley Shelley Burton Andi Osborne All	00:22:05 00:40:04 00:37:28 00:20:54	Ladies Masters	<b>02:00:31</b>
29	<b>Unknowns</b> Coltishall Jaguars	32	Stephanie Cooke Julia Wright Veronica Manley All	00:23:42 00:38:41 00:36:17 00:24:22		<b>02:03:02</b>
30	<b>Six Feet Ahead Never Two Yards Behind</b> Coltishall Jaguars	12	Jillie Cole Krysia Smith Becky Durant All	00:20:09 00:42:19 00:40:07 00:20:38	Ladies Masters	<b>02:03:13</b>
31	<b>The Escapers</b> Coltishall Jaguars	11	Sarah Letzer Clare Hicks Emma Blake All	00:19:35 00:40:32 00:41:30 00:21:47	Ladies Senior	<b>02:03:24</b>



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32	<b>The Lame Ducks</b>	9	Jenny Welsh	00:23:46	Mixed	<b>02:13:10</b>
	Coltishall Jaguars		Annette Yeomanson	00:46:22		
			Adrian Fletcher	00:37:56		
			All	00:25:06		